

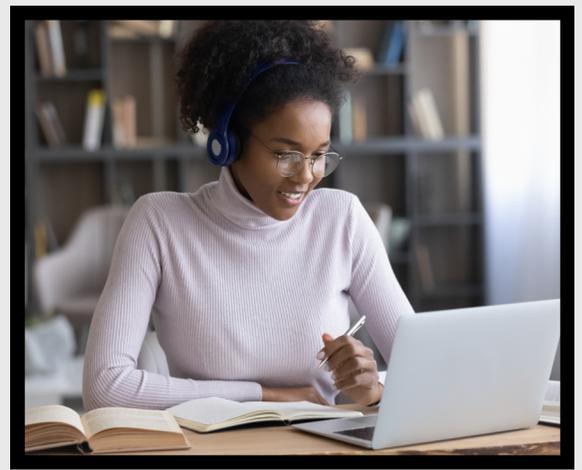
# POWERFUL PROFESSIONALS OVERCOMING IMPOSTER SYNDROME

VIRTUAL GROUP

GROWING STRONGER TOGETHER

As high-achieving women we have enough obstacles that try to limit us, don't allow your mind to be one of them. Are you a professional who experiences thoughts like "I'm not good enough," or "everyone around me is successful, I've just been lucky," despite having a history of accomplishments?

This one-hour virtual group held weekly provides a safe environment to learn and grow together, led by a metacognitive coach with a master's degree in clinical mental health counseling and 7 years of clinical experience helping individuals master their minds.



**THURSDAYS AT 1PM EST**

**\$65 per session**

\*Max 10 participants per group\*



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